



# THE HULL & EAST RIDING KARATE ACADEMY

## Certificate of Achievement 2011

### Sporting Excellence in Karate

#### Regional Level

## Adam Crossley

This is to certify that Adam Crossley has performed to a very high standard in Competition Sport Karate throughout 2011 winning the medals and titles listed below:-

### Championship Success - 1 Bronze

**Shindo Kai National Championships** - 20<sup>th</sup> November, Barnsley  
Bronze - Individual Kumite

Congratulations on your sporting achievements throughout 2011. Well done Adam.

Sensei Wayne Clarke 3<sup>rd</sup> Dan  
Head Coach - The Hull & East Riding Karate Academy

